Inside ~ Directory of Healing Groups

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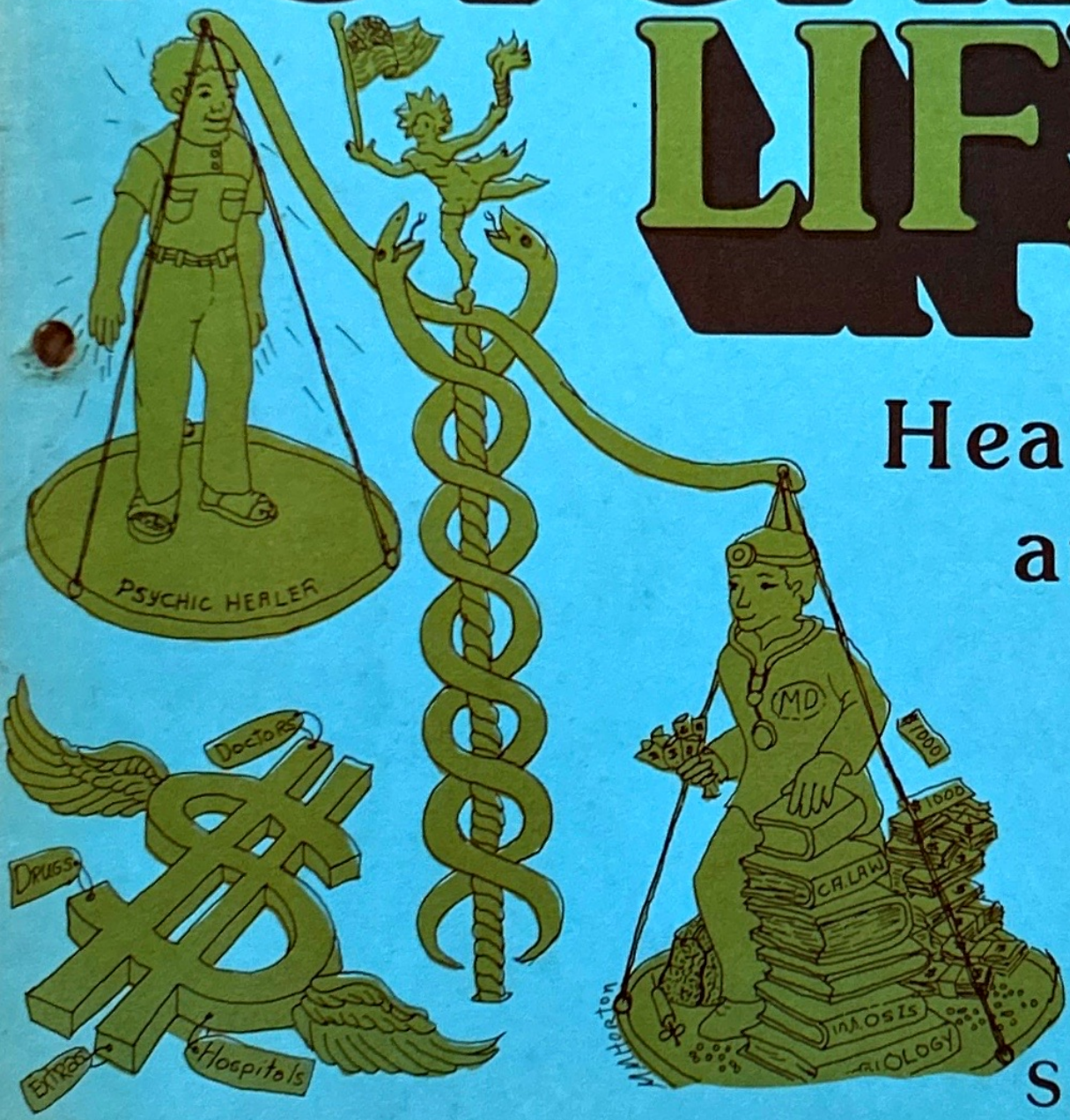
1980

PSYCHIC LIFE



Healers and the LAW

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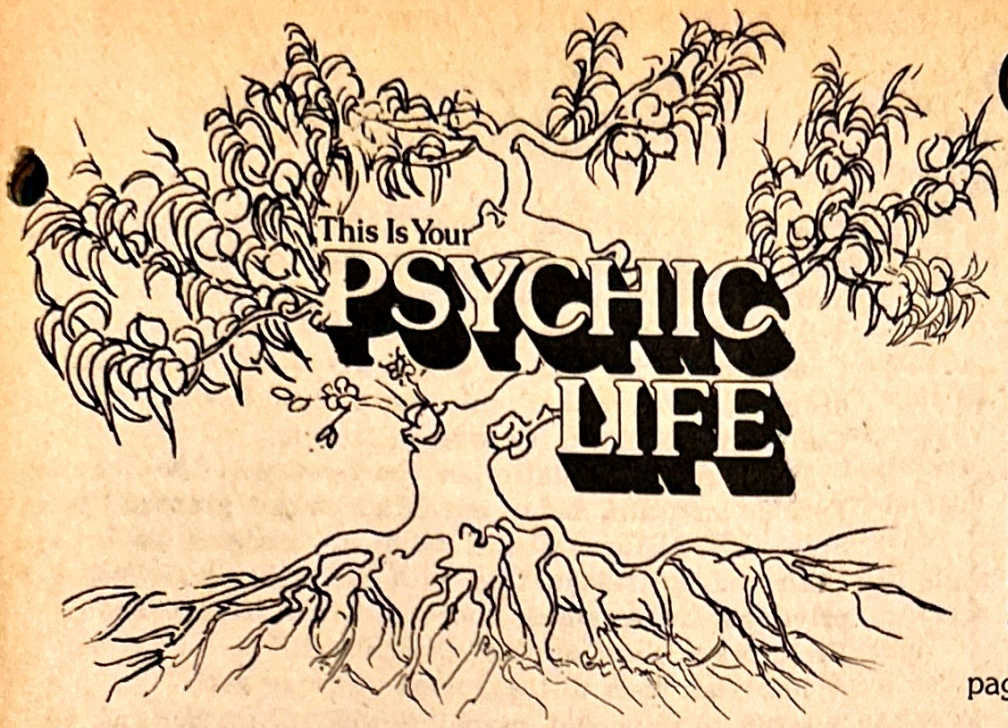

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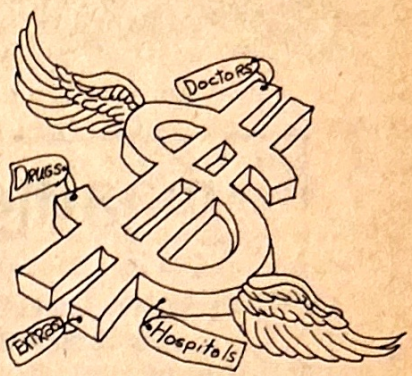

Meditation

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With Kids

What is Mommy doing? A child can see her sitting quietly, but more than that, he or she can feel the energy.

Humm - if I can't control her, or get her to play with me, maybe I'll mimic Mommy.

You Can Heal Headaches

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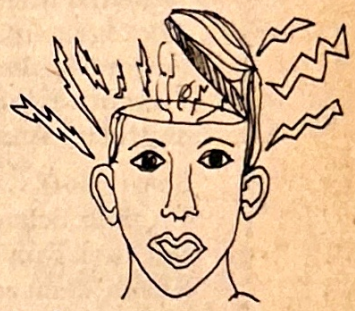

The stabbing pain emanating from your eyeballs. The lightning bolt pain out the sides of your head. How have you been programmed to feel pain? You can cure that headache yourself. Six simple, no-effort steps.

The Secret of Cheops

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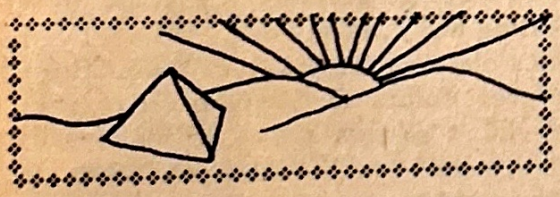

Ben Pietsch, mathematician and an explorer of the unknown, leads us into the mysteries of the Pyramids. What exactly were those Egyptians up to anyway?

LEWIS SPEAKS

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The Executive Director of the Berkeley Psychic Institute speaks out in a regular column of his opinions and observations: LEWIS SPEAKS.

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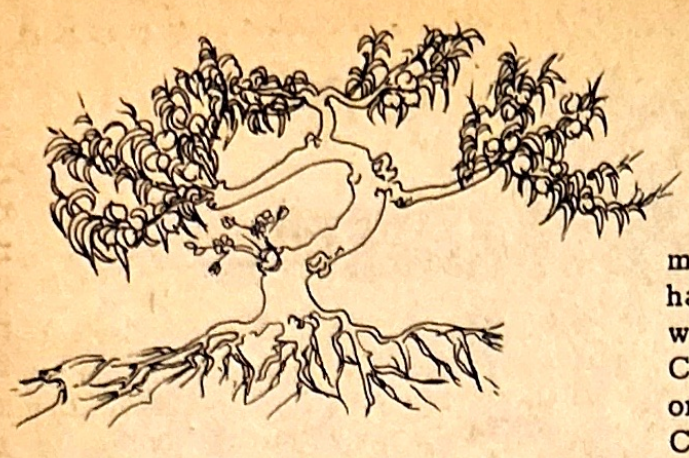

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Art: Margie Horton
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Anne Slivka
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Layout: Erich Lynn
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Virginia Schryver
Michael Tamura
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Laurie Schryver
Bernard Pietsch
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Editorial

A very interesting phenomenon occurs every three months at the Berkeley Psychic Institute in Berkeley: a half dozen or more trained psychics are let loose on the world. They are graduated. Ordained ministers of the Church of Divine Man. They are given the certificate of ordination which has the authority of the State of California behind it. It reads:

"Upon recommendation of the faculty of the Berkeley Psychic Institute, and under authorization granted by the State of California, the title of Minister is hereby conferred upon John Doe with all rights benefits, and privileges appertaining thereto. Given by the Board of Directors of the Church of Divine Man."

Just what does all that mean, you may ask?

Many professional psychics—this means anyone who accepts money for doing a reading or a spiritual healing--are unprotected. There are many cases on the law books of lonely individuals getting the axe for practicing their religion without a license. The license is the rubber stamp of the state and federal governments.

This is why the certificate of the Church of Divine Man is so important to graduate ministers--aura readers all who would like to now commence to make a living giving spiritual healings and counselings. The certificate is protection.

But there is another issue here about trained psychics. What's the difference between a psychic that has been trained and one that has not been trained? Since 1972, the date of the legal inception of the Church of Divine Man, the Seminary Workshop of the Church has trained and recommended more than 500 psychics for ordination. They have been taught mainly techniques for finding their own freedom as a being--grounding, psychic protection, along with healing and aura reading.

Untrained psychics claim to have a "gift" and naturally see and can interpret colors and symbols living in a person's aura. They didn't go to a school to learn how to read. It's not unlike a self-taught child. He picks up a text and teaches himself how to read. There is no effort and the symbols just seem to all make sense the first time he sees them.

Learning to read auras, like learning to read books, for most of us usually requires a teacher. There aren't many who have successfully completed the aura reading process without ever encountering a teacher—with one exception, Jesus, and He had the Greatest Teacher of All. God was His mentor.

There are more and more "schools" of learning how to be a psychic. Berkeley Psychic Institute graduates have set up schools from Vancouver to New Mexico.

In the next editorial we will discuss how to form your own church and get legal protection as a psychic. ☆

cosmic correspondence

Hello *Psychic Life*

Ya'lls magazine came out GREAT. It's interesting and fun. Your articles were real informative and creative. Congratulations. I'm ready to subscribe.

See ya.

Anne Hoyt

Don't Think!

Dear Editor,

I heard you are putting out a psychic magazine. I don't think you can do it.

Sincerely,
Rich

Spel It

Hello.

I'm a professional proof reader. Do you want some help on your magazine?

Dan Moore

Suffer

Why did you say those things about Amy Wallace? Don't you realize she mentioned Lewis Bostwick several times in the body of her book? It seems that you have some kind of an axe to grind.

Also, I don't appreciate your snide comments about the Jewish race. It would seem they haven't suffered enough.

Judy Snyder

Films

Dear *Psychic Life*,

Congratulations! I read your first issue from cover to cover and found it tantalizing and intriguing. I can't wait to see more! I was especially pleased with the clear level or writing - very honest and to the point. There's really a need for clear and up-to-date information from psychics about what they're doing!

A suggestion: there are a lot of films now appearing on a "horror" or "science fiction" level that incorporate psychic abilities...how about an occasional movie review from a psychic's point of view? I love film...I volunteer!

Barbara

Trivial

Attn: Editor

This is my first letter to the editor. Congratulations on your first issue; it is easy-reading and informative. Enclosed you will find my check for the next 12 issues. Two comments: (1) your typewriter must stick like mine; in several places it made one word out of "a lot," which made me aware that we use that word alot. (2) Were the words "monthly" and "bimonthly" transposed on the subscription form? I certainly hope psychics aren't able to expand in reverse.

Aside from this trivia, you seem to have a good thing going and I am proud to sign this with love from

Your Mother

Freedom

Rev. Lewis Bostwick,

I think I need the Berkeley Psychic Institute. If it is not a need I feel for "BPI," then it's a very strong want.

I visited BPI as a guest. And that evening was the first time I have tasted freedom. That evening I felt like a diabetic in a candy store; because I knew there was knowledge there but I didn't have the money. But in a few months I will. All I need is your support and God's guidance.

The freedom I felt has faded, but as it left I was shown that within me lies many "blocks". My early programming has built walls between me and my creator. My psychic channels are bound. It's like having a whole pack of cigarettes but no matches!

Sincerely Yours,
Joe

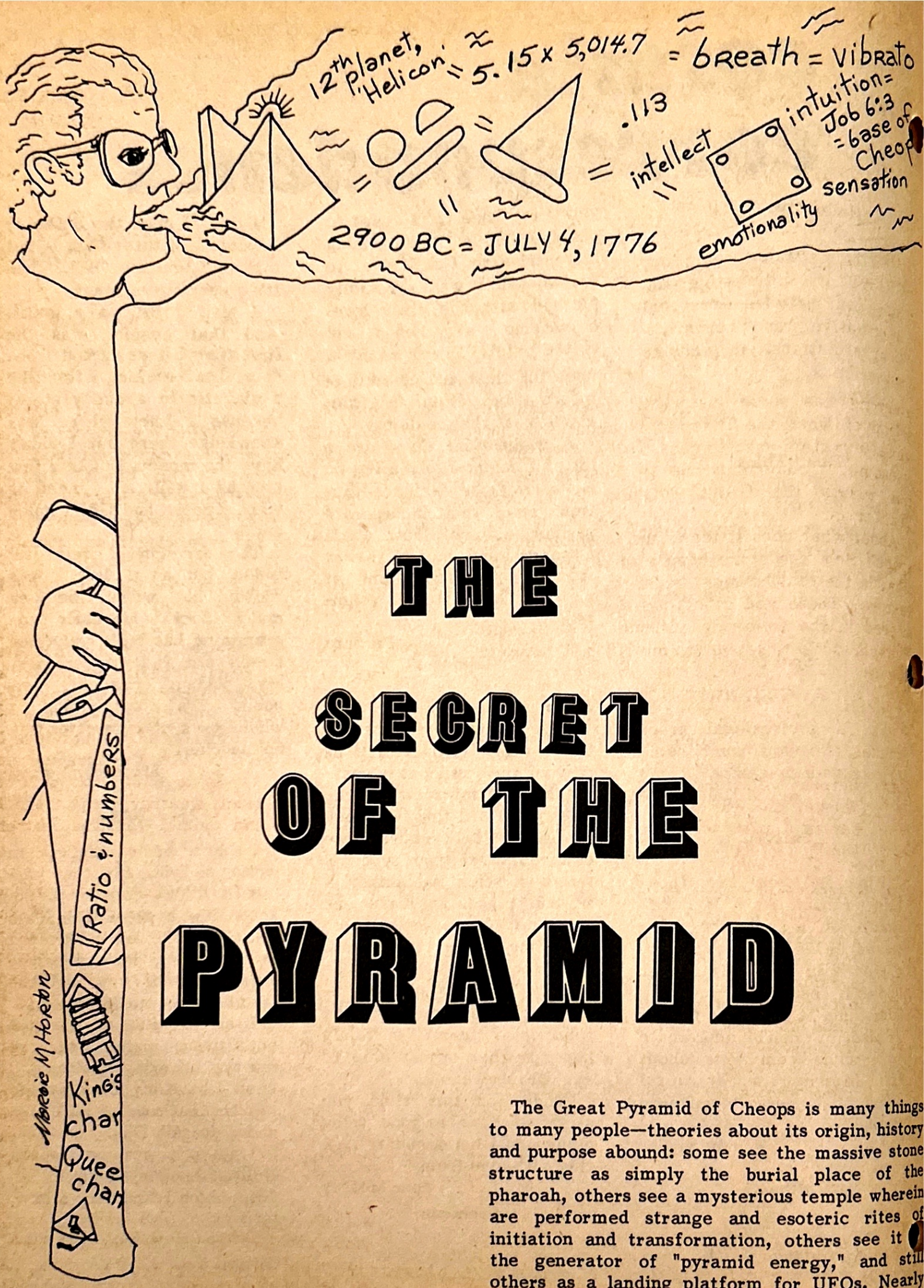
New Anita

I have been wanting to write to you for the past month to let you and Lewis know how appreciative I am for all of the knowledge and information I have received from both of you and the members of your Institute.

I am so full of joy and enthusiasm instead of the martyr suffering syndrome. I know I have my low days too but the enthusiasm still prevades overall. Gee!

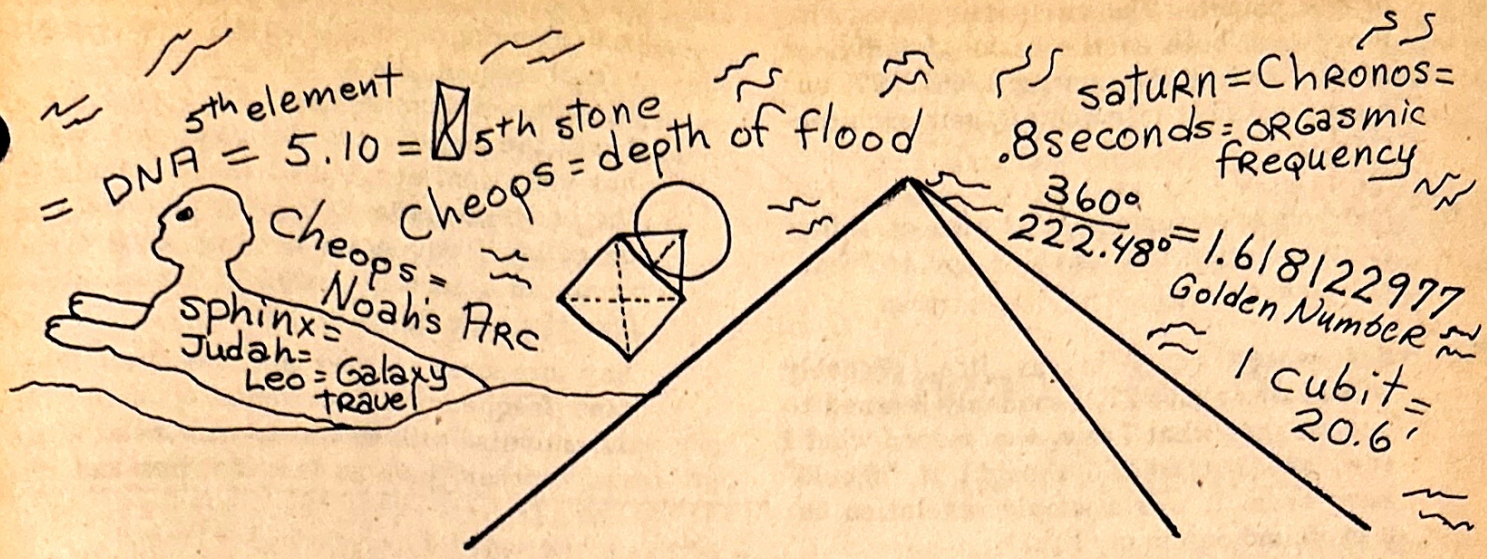
I am now working for the Holistic Medical Group in San Jose which I find very stimulating.

The New Anita Gramma



THE SECRET OF THE PYRAMID

The Great Pyramid of Cheops is many things to many people—theories about its origin, history and purpose abound: some see the massive stone structure as simply the burial place of the pharoah, others see a mysterious temple wherein are performed strange and esoteric rites of initiation and transformation, others see it the generator of "pyramid energy," and still others as a landing platform for UFOs. Nearly



everyone has some historical if not fanciful notion of what the Pyramid is about; but one thing is certain—the impact of the structure is awesome. It commands one to question and for this reason the Great Pyramid is a Great Teacher.

About what does it teach and to whom does it speak? How can stone have a message and just what is the real "energy" generated by its architecture? These and other questions will be answered in the following interview with Bernard Pietsch, author, lecturer, metrologist extraordinaire.

by SUZANNE THOMPSON

for *Psychic Life Magazine*

P.L: Before we start with the Who, What, Where, and Why of the Pyramid, can you say in a sentence, just what you believe the Pyramid is about?

B.P. There are many levels to that question but I would say in a nut-shell that the Pyramid is a statement, a celebration in fact, of man's potential to participate in harmony with the universe, and as he evolves on a conscious level, to understand and comply with the Laws of the Universe.

P.L: Then perhaps we should ask just how this kind of understanding could be stored in a pile of stones?

B.P: Exactly. Cheops is no less than a huge "book" containing the knowledge, understanding and wisdom of a great civilization. The attainments of that civilization have been far underestimated by modern science,. in fact it is difficult to obtain the sincere attention of most physical scientists because they are convinced that nothing but nonsense can come from this "pile of stones." This "book" that is Cheops is written in the lengths, widths and volumes of the stones, in their ratios, proportions and even weights and sound.

P.L: How did you come to be interested in Cheops?

B.P: I began to seriously study the measurements of the Great Pyramid when a close friend of mine loaned me a book, The Great Pyramid, Its Divine Message by Davidson. My research for the previous 25 years had been primarily concerned with the study of biological and physical cycles, i.e., tides, weather, earth magnetism, plant and animal rhythms, astronomy, etc.

As I began to digest the ratios, proportions and various measurements of the pyramid, I noticed certain numbers cropping up repeatedly. Before long I discovered a whole framework of time and cycles that matched both my findings in Nature and the measures in the Great Pyramid. It did not take long to see that the basic concept to which all the numbers applied was the Golden Proportion, also called the Divine Proportion because it is found everywhere in both natural patterns of growth and in the performance of physical dynamics.

We see it in the logarithmic curve of sea shells and bird wings, in the spiraling of plants, in the twist of the DNA molecule, in the celestial harmonics of the periods

of the planets. The ancients revered this proportion both as the ratio of 1 divided by .618 and as the number 1.61822977, and incorporated it in much of their architecture.

P.L: Did you have some special kind of ability or preparation that enabled you to "read" the stones?

B.P: Somewhere early in my life, probably when I was about 27, I suddenly learned to accept that what I saw, was indeed what I saw, and not what I thought it "should" have been. It was a simple revelation but a profound one in my life.

With that attitude I observed what is at the Great Pyramid. The communication system used there is a simple one, and the lessons are simply given. There is no requirement that any person should become more complex in order to read the message, rather the opposite.

What is there to be seen can be seen through the eyes of a child. We must then learn how to study this great book without opinion, without expectation, without bias and without demands. A demonstration of the Pyramid as a model of the potential of man to "put it all together" is seen quite directly in the fact that every single bit is harmonized and supportive of every other single bit in the structure.

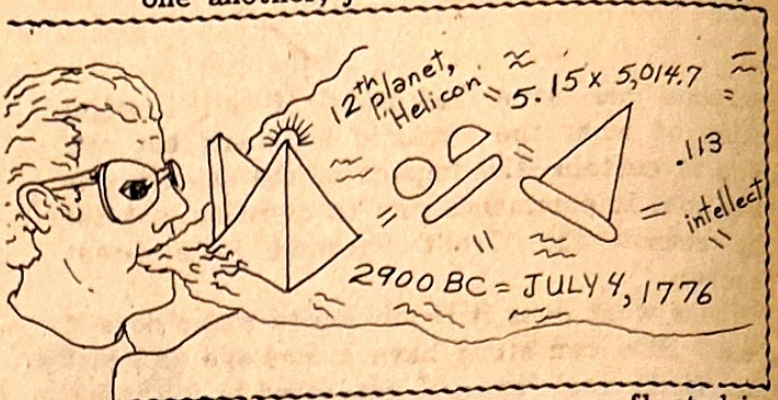
It is perhaps lamentable that we have drifted so far as to have lost touch with the simple reality of the cosmic harmony. Yet the structure stands as an affirmation and a promise that we shall yet again rise to the position of that attainment of an understanding that is rightfully ours if we but do the work necessary to earn it.

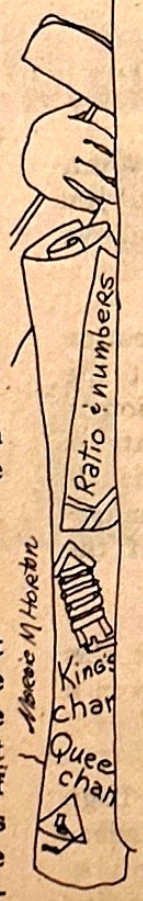
P.L: Who built the Pyramid?

B.P: We cannot say with any certainty who it was that caused the Great Pyramid or the other pyramids on the Giza Plateau to be built, but I will submit that it was not built by "gods from outer space." First of all, the message of the pyramid is in its measures. The units of length used by the ancient architect were not selected arbitrarily.

Each measure, whether common cubit, sacred cubit, foot or furlong, is a precise and meaningful unit derived from the internal frequencies of the human body—the harmonized human body. The heart has a beat, the breath has duration, the voice has vibration, etc. All of these 'events' in the body—heartbeat, breath, vibrotto, can be called frequencies because each event recurs in a certain period of Time, therefore they are linked to time.

Any measures if they are based on relevant frequencies or events occurring in the universe will be inherently related to one another, just as the rhythms and cycles of the whole cosmos are reflected in all of Nature, whether on the animal, mineral, vegetable or planetary level. Thus, harmonics of planetary relationships are found in the very physiology of the human body.





Because Man evolved on an earth affected by vibratory rates, i.e., the daily rotation of the planet, lunar phases, revolutions around the sun, plus the input of all other planets, it is reasonable to assume that the spectrum of all these various "gravitational" effects would be designed into what Man has become both as form and process. He is, as is all of Nature, the repository of all the cycles and all the patterns of his developing environment — his biological, geophysical, astronomical heritage. The genetic code contains not only the blueprint of the individual organism, but also the cumulative history of the entire species as it evolved.

In short, the pyramid measures were derived from a human body which evolved on this planet. A being from another planet would have body frequencies peculiar to the place of his origin.

Secondly, I believe the pyramid could not have been built by people who did not care and who were not inspired to work with extreme precision and exactitude. It was physically built by a group of people

dedicated, in every fiber of their being to the construction of a perfect physical reflection of the principle which they religiously held to be the truth. This is the principle of MAAT: Truth, Justice, Law.

P.L: Legends for hundreds, even thousands of years have intimated that the Great Pyramid contained the "secrets" of a hidden science. Would you comment on that please?

B.P: Yes. The pyramid is alleged to have contained "the knowledge of science and mathematics, geometry, cycles of the times, astrology and all that pertained to man's past, present and future."

P.L: How could this be when except for a bit of graffiti left by the workmen, there is no writing of any kind in the pyramid?

B.P: All is presented graphically in measures and ratios. Cheops truly is a pyramid of records; and the records are of a most significant nature, namely the record of the height of water in a nearby well—206 years in fact, of daily observation of the rise and fall of the water level on the Giza Plateau.

P.L: Why would that be so important?

B.P: For the simple reason that water accurately and sensitively reflects the cumulative gravitational effects of the moon and other planets upon the earth. Herodotus, the ancient Greek historian, writes that he was told by the priest of Egypt that there was a well "inside" the pyramid 80 cubits deep. We understand the veiled language to mean not that the well was within the pyramid, but that the record of its variable depth was "in" the pyramid — in the varying heights of the stones of the 206 original courses or levels of Cheops.

The irregular height of the courses reflects changes and irregularities in the earth's motion and the influence of other heavenly bodies upon the earth. We should be able to correlate the stone "record" of this period of 206 years with the "natural" records formed during the same period in the rings of trees (dendrochronology), the growth patterns of certain coral reefs, and core samples of glacial deposits for example. All these growing or accumulating processes register the subtle changes in their environment. Growth patterns may be slightly different from year to year depending on weather, temperature and planetary influences.

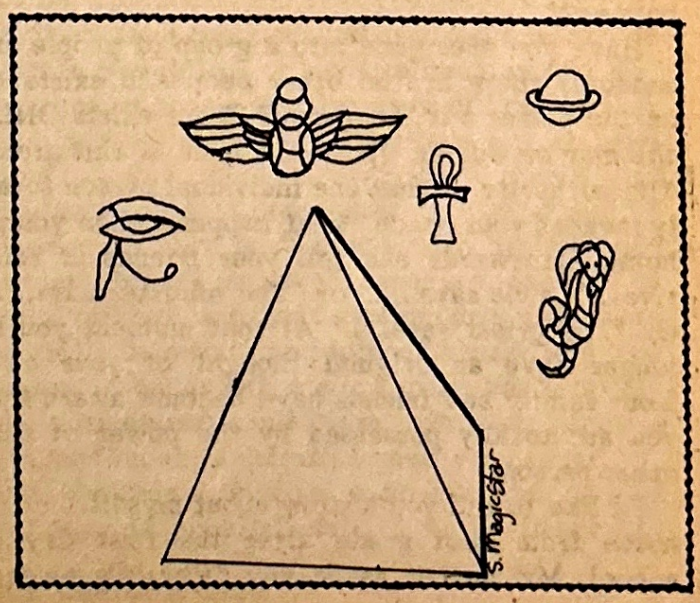
Years of drought or cold for example show up as stunted or thinner layers of tree ring. Similarly, some levels of the courses of Cheops are "thinner" or

Cheops - a "Book" of Measures

"thicker" than average, indicating the occurrance of some variation in the celestial drama.

P.L: How could this information be useful?

B.P: The quest of science has always been to understand and to predict cycles —cycles of heavenly bodies, cycles of weather, cycles of pestilence, even cycles of economics. Knowledge of cycles requires generations and generations of observation, so it is very valued information. The ancients responsible for the design of Cheops, we believe, had a profound understanding of the Cycles of Time and how all things interact with one another — No event is separate or isolated in the universe. Their science was grounded in the observation of a harmonious and lawful universe. I'll go into more detail about the mechanics of the ancients' science after we cover more of the preliminary information. ✡



LEWIS SPEAKS

by REV. LEWIS BOSTWICK

(Rev. Lewis Bostwick is founder-executive director of the Berkeley Psychic Institute and the Church of Divine Man in Berkeley, Calif. From humble beginnings in his own living room on Ward Street the church grew to include today seven parishes in California, one in Oregon and three in Washington.

Lewis is an aura reader from birth. "I always saw auras and boy did that get me into lots of trouble," he said. -Editor)

• As I sat to gather my thoughts about this new magazine and where I am today, I remembered a milestone in my life when I was 45. I found out how other people invade my space. Talk about Invaders from Outer Space. My experience with invaders from planet Earth are in my own reality more intense and threatening than anything a science fiction writer could dream up.

Have you ever walked into a store and suddenly forgot your own name? Did you come out of the store with three items you never remembered buying?

It's called: *Someone invaded your space.*

Isn't it amusing that another being can climb into our space and suddenly what belongs to HIM belongs to YOU. You got a great big free dose of his energy. Suddenly you have a problem of non-ownership of your own physical body and your own space and someone else owns all that you have.

What is the problem that we can allow this to happen?

Have you ever gone into a group of people and suddenly there are no other people in existance on the planet but this group? There exists ONLY the man or woman who is the head of this group. The authority of that one individual person totally invades your space. What happens when you go home afterwards and tell your friends or relatives: "Lewis says....." or "The minister says....." Or "The priest says....." At that moment you no longer have an original thought of your own. Your family and friends have become aware that you are totally possessed by the power of that other person.

I'd like to tell you a story about myself. I came home from first grade after the first day of school. My mother asked me: "What's your teacher's name?" I couldn't answer. I didn't know. Finally after a week of asking me and getting no answer about my teacher's name, my mother went to school. What she found was a Little Old Lady who totally hated her son.

Because I was so aware and sensitive at that time, everyone expected me to become a brilliant student. But I didn't find the picture and the energy from that teacher until I was 45 years old.

What kind of pictures and energy have people put into your mental processes that stops your energy as a soul personality from using your creative ability through that physical body the way in which **you** should express it? This stuck picture acts like a filter on a camera. It has energy, hostility, boredom, apathy—built right into the filter. Let's see you get your sensitive, psychic energy running through that filter. How do you express your energy?

What about the picture that person put into you that said: "I love you and love is everything." Are you stuck on that? See you in the divorce court. See you in the reform school. See you in prison. See you dying of cancer. Or ha ha...enjoy your migraine headache.

Society also programs you to take the pill. In the present day intellectual circles there is no need for God any more or to know yourself. BIG BROTHER has passed laws in which you have to take and pay for a pill that takes you up and a pill that take you down. The cost: $1,000 a day to a licensed practitioner who loves to practice playing I-am-your-god. Just pay the $1,000 a day (hospital, clinical, lab fees, x-ray, radiation, exploratory, experimental pills).

Into the hospital comes Lewis representing himself as a psychic healer who by law in the State of California has to tell you that it is illegal to shake your hand and to say "How are you?" The Medical Association is so frightened of healers and of spirit that they have done everything possible in the law to keep you from finding out that you can cure yourself. What was a natural healer like Our Lord Jesus doing when he cast out the devil? (The devil is a picture.) Today Jesus would be put into jail and sentenced for doing what he did in the Bible—laid his hands on your brow and took away the migraine.

This column, Lewis Speaks, will be a regular feature of *Psychic Life Magazine.*

Psychic Healing~

You do it to yourself

by RICHARD WILLIAMS

Headaches are quite a common phenomenon to the hurry-scurry 20th century inhabitants of Earth. Pain is a way bodies have of saying: "Hey! Something isn't right here! Will you listen?"

Have you ever had a person stare at you so hard you can't think? A comment I heard the other day from a lady was, "Every time my mother-in-law comes to visit, she follows me around all day and I get the worst headache!"

As psychics, we are aware of a very important energy center located near the pineal gland in the brain. This is called the clairvoyant chakra. When we put our attention point behind this chakra, and look out at the world, we can, in essence, sit in the driver's seat of the vehicle, our body, and be in a very aware, capable space.

So what happens when a dense, foreign energy invades that space? Sometimes we get scattered or confused. Oftentimes, we feel pain as the body's warning signal flashes on, telling us something's not right.

I have counseled many people with headaches. Pain is merely the physical manifestation of an energy problem. One cause of head pain is a powerful attention point from another person. Someone is wondering: "What is he thinking? What is he going to do next?" Oftentimes that attention point is centered in your head. Here you are trying to create and someone else puts their attention on you quite strongly. Wham! You feel pain. You have been invaded in the middle of your head by a strong attention point.

Another reason you might experience pain is from someone placing a cord, or energy line of communication, into your space, either into the back of your head, forehead, or the top of your head. Someone may be trying to say hello but doesn't know how to do it without throwing her energy around. Sometimes people do this to control you ("Solve my problem, please") or to feed the information into you, which is also a form of control. And then there are those people who don't like you, don't like what you think or don't like how capable you may be. It's literally like someone hitting you with their fist on an energy level. An energy whack.

Well, this is only a part of the story. How much effort do you put into trying to solve a problem? How about the ways in which you run the energy in you body? You grit your teeth, chew on your tongue, bite your lip - these are more obvious signs of effort. Analyzing information doesn't require any extra energy or effort. Oftentimes people start trying to involve their body's energy into that creative and analyzing thought process and pain will start building up in your head and you start creating a headache. You might think of this as trying too hard.

Another way we sometimes clog our energy and cause pain is when we stop our creativity. Energy is always wanting to flow, like water in a river. If you don't allow the flow to occur, a damming-up occurs. Perhaps you stop your creativity because people around you don't want you to create something, or perhaps because of fear. Many reasons exist, yet they can all lead to that same feeling, that dark ring-around-the-head feeling of pain.

Healing ourselves can sometimes be so simple that we can't have it. We have been brainwashed that pain begets pain. We are use to lots of effort, surgery and prescription drugs. We are used to little results and lots of hassle. It's just too easy to believe that you can sit back, create a space where you can be just with yourself for a while, and move the blocked energy out.

One problem I have as a healer when I heal headaches is people want to know the exact

Continued on page 15

Nutritional Reading on a Nurse

Over-active Thyroid= Fat

(Laurie Schryver, a nutrition teacher and an aura reader, will be writing this regular column for This Is Your Psychic Life Magazine. This issue, Laurie uses her clairvoyant abilities to demonstrate a nutritional reading, one of her specialities as a psychic. Here she takes a look at healers and how healers become depleted on a physical body level. She answers the question: What effect does giving energy to others have on the body? Are there nutritional losses? What does the body need more of to cope with the activity of giving?)

by Laurie Schryver

Social workers, waitresses, receptionists, psychological counselors, mothers, teachers, doctors, nurses, health workers and all kinds of "professional" people are givers. Their profession demands that they serve the public, take care of people's needs or help solve people's problems. What toll does giving take on the body?

Mother healing her sick child, a friend helping a friend, someone knowledgeable about herbs concocting a home remedy for a cut. These are all healing activities. Healing energy running through one body to another. Often healing on this level is done naturally through the hands. There is such a thing as laying-on-of-hands that healers such as Jesus have done.

What I have noticed in my work as a reader is that people have a lot of permission to give to others but not much permission to give to themselves.

One comment I hear from people I counsel is one their mothers told them: Don't be so selfish. Giving to yourself gets interpreted as being too selfish.

I would like to relate here a special reading I did on the surgical nurse, Sue Alice (not her real name) of Santa Rosa, who has been nursing for 10 years. She is in some ways a typical giver. She likes people, frequently feels sorry for them especially if they are "helpless," and has had some difficulty giving as much healing energy to herself as she gives to other.

Here is the reading:

"In many ways you, Sue, are a person who heals from your feelings or your emotions—that manifests as an energy center in the body called the second chakra. It is located about two fingers below the navel. You also send a lot of energy out of your throat area—this is the clairaudient or fifth chakra. This is the center for telepathing or non-verbal communication. You're also good at hearing the voices of spirits.

"You are very quiet in the healing work you do in the hospital and are even a little on the sly side.

"The healing work you do is very unorthodox for the very orthodox job that you have.

"What you are doing that is unorthodox is communicating telepathically. You are carrying on a conversation with the being of a patient and gaining volumes of information and then I see you bringing in your healing guides (spirits) and your own information and bingo you have started healing energy flowing.

Sue: Yes, I am aware that I do this with other nurses, too, who need to be healed.

"When you are communicating I see that you are finding out about the emotional and spiritual states of the patient. You are looking at the place the patient is coming from. This type of non-verbal communication is one of the vital means you have of healing. I see your patients begging for someone to recognize them as more than just a body to be cut up and patched up. You are satisfying a real need and this satisfaction is part of a healing process for the patient.

Sue: Yes, I know that I have a lot of psychic ability. And I'd like to validate you here. I have a lot of ringing in my ears and I even hear voices.

"When I look at your throat I see this vortex of energy that is constantly moving as you heal. The thyroid gland is right near this vortex and I am looking at how your own glands are affected by your healing others.

"Physically your thyroid gets a little off-balance when you heal someone. The gland starts turning on so-to-speak. While it turns on such as the volume of a radio for instance, it seems to have the opposite effect in the long run. When you are not healing someone else it seems to run slower or lower than it needs to. It is getting tired out.

"The large amount of energy that you are running through your thyroid—and this then means the fifth chakra as well--when you are healing causes the gland to vibrate and produce too many hormones.

"This production of hormones causes a lot of reactions in your body:

1. the body metabolism goes up

2. the body heat goes up
3. the circulation improves

"One of the interesting things you may notice that I see happening in your body is that you radiate a lot of heat outwards and then you get hungry. You've burned up so many calories revving up the body heat.

"Sometimes you over-give, however. That looks like it causes problems. You're giving too much energy away that could be saved to use for yourself (heaven forbid!). To your physical body it is a depletion. Although you, as spirit, may feel revived, alive, rejuvenated, the body goes into fear.

"Fear causes your thyroid to turn down (by the way this isn't true of everyone).

"Now you REALLY have a problem. Here you've been giving and revving up your energy. The thyroid turns on. Then fear. The thyroid turns down. UP DOWN. UP DOWN. Here is the yoyo effect I was talking about.

"If you are at the hospital six or seven or 10 hours straight and you are healing one patient, healing another, then healing a fellow nurse, you have a problem on a real physical body level. The body experiences an emotion it can't control: fear.

"Here's how I see fear affecting your body:

1. the thyroid turns down
2. the body slows down metabolism
3. body heat is reduced
4. circulation is slower

"It is as if you were fasting. You over-gave of your healing energy. The body says: Feed me.

"In some way, Sue, you are more active than you used to be in the way you give your energy out. That actually burns up calories as much as running.

Sue: What I think I hear you saying is that my body gives me the message to eat something when I have used up too much of my hedling energy. I eat and my body has a hard time assimilating it because it's not really hungry. So I'm over-healing and over-eating as well.

A nurse on her hospital rounds

"It's pretty amazing to see how many stimuli the body may be assimilating at one time. Fear or confusion is often felt when there is too much input.

Webster's says about metabolism, it is "the sum of the chemical changes in living organisms and cells by which food is converted into living protoplasm (the living matter of all vegetable and animal cells and tissues), and by which this is used and broken down into similar compounds and waste by the liberation of energy."

What is healing? It is correcting the flow of someone's energy, by helping him to communicate with himself.

In the reading I explained to Sue how her body is affected by the way she heals from her second chakra:

"The reason why you gain weight in your stomach more than any other part of your body is because of energy. A lot of this is not necessarily from food. This is how I can tell the second chakra healer or healers which heal by matching people's emotions, and communicating with them emotionally, and in essence, going into sympathy with them."

Perhaps a friend calls on the phone and the friend feels terrible because their dog just died. So the healer may drop her energy level, match that lower energy level the other person has, and perhaps say something like, "Oh, Sally, I know just what you're going through. I lost my dog when I was five years old and I felt awful for weeks!" Then, by the time you hang up the phone, you feel awful. You've lowered your energy from enthusiasm to grief. This lower vibration affects your body.

When Sue matches energy with people who are sick, she remembers incidents that happened to her similar to the person who is ill. This is just like the lady who remembered her dog dying. It puts the body in fear.

Using some techniques for getting grounded and centered helps a lot. Just merely being aware of the pitfalls can help a nurse survive...pitfalls such as:

1. getting into sympathy with others
2. over-healing someone
3. feeding the body when it really isn't hungry
4. healing telepathically and not being aware of it ☆

Sets Traps For Healers

State Witch-Hunts Healers, Psychics

(Reverend Michael J Tamura is a psychic healer. He is Director of The Berkeley Psychic Institute, Seminary of the Church of Divine Man. He has been doing psychic healing for five years and is currently writing a book on healing and the law entitled: "Jesus was not an M.D., a Handbook For Healers Or How To Handle The Medical Inquisition." Michael will be submitting a regular column for This Is Your Psychic Life Magazine...editor)

By Rev. Michael J Tamura

Self healing and the use of wholistic approaches to medicine are becoming increasingly popular in many communities in California. Many unorthodox methods not found in any general practioner's office can be sought and easily found, merely by picking up a magazine.

The exact number of people seeking and getting healings from persons not associated with the AMA is unrecorded. There is no big organization that charts the movement of the public away from MD's and toward alternative healers. But still the numbers must be telling on GPs, surgeons and hospitals. The number of people getting treatment outside of the established medical community IS increasing.

But is it legal to be healed or heal outside of the confines of the establishment? Is there anything WRONG with going to a psychic healer? Can an accupuncturist do anyone any good? Are there laws?

This column presents current information and news about the latest in Healing and the Law. I will look at the direction of the self-healing movement, the actions of the medical profession, and the how-tos of what an unorthodox healer can do to protect himself.

Although there are no specific facts about how many people are being treated by non-MD's, there is much evidence to support the guess that thousands throughout the U.S. daily seek and receive their help. Common Ground, a Bay Area magazine for those seeking alternative healing groups offers everything from workshops on how to See Without Glasses, to a spiritual Healing Circle, herbal treatments and stress counseling. Common Ground has more than 200 such listings. More than 70 could be put into the "spiritual healing" category, 56 in the "body-work category and 8 in the "herbs and nutrition" category.

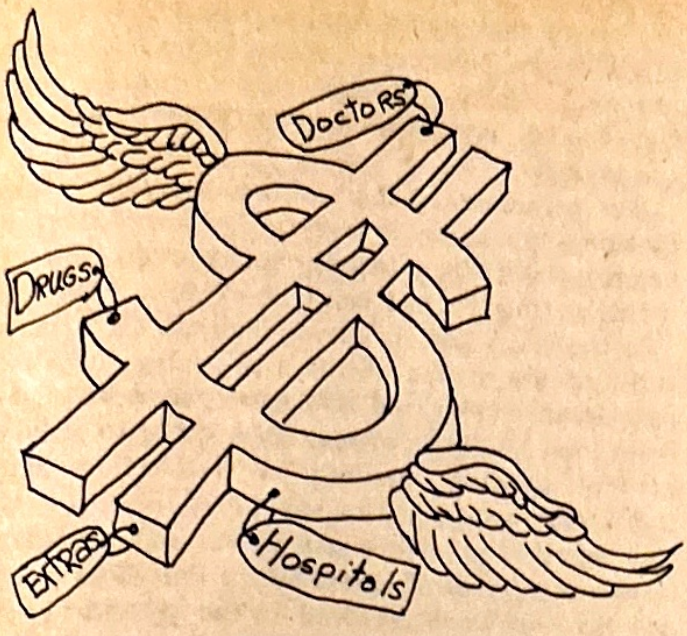
Two wholistic health groups said that they referred many people to healers such as those listed in Common Ground and as many as five people a week to herbalists specifically.

How does the AMA and the professional medical community view this flood of unlicensed healers? Mainly, they use the law to arrest, jail and bring to trial offensive healers. Medical autorities have trapped and tricked healers and even bound them from disseminating information about over-the-counter remedies. It is easy to see that MD's are threatened by the tidal wave of information that tells one how to avoid doctors and do it yourself.

One important aspect of the new movement toward self-healing is the variety of books now on the market addressing themselves to this topic: How to Be Your Own Doctor (Sometimes), Healing Ourselves, a book about Oriental medicine by Naboru Muramoto which has been on the market seven years, Please Doctor, I'd Rather Do It Myself...With Herbs! by Griffin, LaDean, 1979, The School of Natural Healing, by John R. Christopher, 1976, The Psychic Healing Book by Amy Wallace, 1978, and Healing Yourself, a handbook of herbal cures, by J.G. Prensky, has been on the market four years. The list goes on and on.

There is also a doctor-edited magazine called Medical Self-Care, Access to Health Tools, that lists the latest self-healing manuals. None of the magazine's authors is very gung-ho about anyone running to his general practitioner for every cough and cold. They encourage self-awareness, practical knowledge, and application of common, simple, easy-to-obtain remedies.

But the larger part of the medical profession is understandably upset. It is not too surprising



that it feels threatened by the tides of a revolution promulgated by healers who present alternatives to what the medical profession offers: pills and the scalpel. Both of these have magically been indoctrinated into our minds as the real replacement for God.

Just how have healers felt the wrath of the God-AMA? The story is a long one that will go on for reams and reams of paper. What I propose here is to merely introduce this topic of Healers and the Law in this issue of *Psychic Life Magazine*. Succeeding issues will explore new themes about the legalities of alternative healing.

Many healers have been brought to trial in California and elsewhere in the U.S. and suffered through long, expensive suits, often accused and taken to court through the actions of the Board of Medical Quality Assurance Examiners (BMQA) operated by the State Department of Health.

The questions healers ask me are: Is it legal to massage, crack backs, touch someone as a healing, teach self-hypnosis as a cure, suggest the use of an herb to cure athletes foot or do a spiritual healing? How do I do these things and stay within the law? First of all let's look at how the BMQA operates.

The Board of Medical Examiners claims its "fundamental goal which has remained throughout its one-hundred-year existence...the assurance of high standards and uncompromising quality in the practice of medicine in California." (Administrative and Organizational Change of 1950-1976). This pristine watchdog over the quality of health care for Californians has gone to a great deal of trouble to witch-hunt those it deems not in accordance with "high standards..."

When one looks at the court cases brought about by the BMQA it is difficult to avoid a feeling of paranoia—is the State out to get me? Are they tapping my phone? Is the person I'm couseling a spy for the government?

There is the case of the people of the State of California vs. Gregory Dana Ullman, Oakland-Piedmont Judicial District, County of Alameda:

In 1976, a homeopathic healer was arrested for "practicing medicine without a license." The complaint was placed and a warrant for his arrest was issued after an agent for the investigatory agency of the State Board of Medical Examiners sought his treatment several times. The People of the State of California was named the plaintiff. Almost a year and a half and over $5000 in defense expenses later, the charge was dismissed.

People v. Cantor, Appellate Dept. Superior Court, L.A. County Ca., Dec. 19, 1961

A man who practiced hypnosis was arrested, tried, and convicted for "unlawful practice of medicine." The witness who testified against him as a "client" of his was an employee of the State Board of Medical Examiners who was sent to him to incriminate him and to be a witness against him.

People v. Parish, 59 Cal. App. 302, 210 P. 633 (2nd District, 1922)

A man was convicted of "diagnosing without a license" and his conviction upheld in a California court because he adjusted people's vertebrae, not for specific illnesses, but for general well-being.

Board of Medical Examiners v. Casserley Civ. No. 11239 (Cal., 4th District, March 19, 1973)

A man who has delivered 3,500 babies without any fatalities or serious complications, using no drugs or forceps, over a twenty-five year practice as a midwife was convicted of a misdemeanor and forbidden to continue his career by a California trial court in 1973. He was convicted of "diagnosing" because he took the blood pressure of expectant mothers, and was therefore "practicing medicine without a license."

If all the Board of Medical Examiners was interested in was assurance of quality medical care, why then are healers persecuted? As I observed some healers becomming entangled in the legal mousetraps set up by the Board of Medical Examiners, it became apparent to me that we are not only being insulted but chastised for what we believe in.

Is the AMA trying to legislate faith? It is obvious that behind the Board of Medical Quality Examiners is the American Medical Association and its lobbyists. Certainly standards of "high quality" medical care are not going to be deter-

mined by laymen or non-doctors.

I also became aware that these healers were simply, in most cases, having their hands slapped by the State and given mercy through the kindness of the accusers (if they promised to be good boys and girls next time). It might be obvious to some legal buffs that nothing that the BMQA has unearthed so far could be considered a crime if a case should go before the United States Supreme Court.

Perhaps one of the reasons that healers get it done to them so badly by the law is because healers draw a lot of attention to themselves by not having an appropriate language or set of terms. Healers make the mistake of using terms that the AMA has already taken dibs on.

The right to use the term "practitioner" or the right to "practice" medicine is the right of certified, licensed MD's only. The Christian Science healer is, perhaps, the only one excepted. Healers in that particular religion used the term "practitioner" long before the AMA laid claim to it.

Does it seem like a childish game of simple linguistics? In spite of appearances, it is deeper than that. The AMA has the laws, lobbyists and thus dollars on its side.

The one type of healing that can have more protection than some others is faith, psychic, divine, or spiritual healing. Healers, such as Christian Scientists, who belong to a church can enjoy the protection of a legal organization. The United States Constitution says: "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof ..."

Is the AMA so jealous that it is stepping into the arena of religion? How does a doctor get to do what a faith or psychic healer does? He can legally "lay-on-of-hands"--which has been a practice of healers since before the witch hunt days. His license gives him permission to touch a human body, diagnose, prescribe. But the actual activity of psychic healing is a religious practice, not a scientific one. The only license a psychic healer has is the First Amendment to the U.S. Constitution.

The medical profession now has Nurse Dorothy Krieger, a sensitive healer who learned psychic healing from a spiritual teacher on the East Coast. Her credentials behind her name make her agreeable to the medical profession and gives her colleagues more permission to lay claim to what religion has been doing for more than two thousand year. After all, it was a man named Jesus who made laying-on-of-hands popular.

Psychic healing or faith healing or divine healing by its very name implies that non-scientific methods are being used. Healers generally operate on an intuitive level that the AMA hasn't figured out how to measure yet. However, they are trying.

The president of the California Medical Association, appearing in an ABC documentary on healers in 1978, stated that the doctors are investigating if there is a human aura.

Is the AMA and its strong lobby in the Legislatures of the states of the U.S. going to tell us now about energy and how spirit works through a body? Are the gods of the AMA going to start to control spiritual healing as well? How much legislation can be put on spirit?

A concerted effort has been made to crack down on individual rights. But private healers are not the only ones involved in the persecution by the powers that be. The witch-hunt-scare tactics of the State have included condemnation of whole church organizations.

In an open letter to the California Attorney General in the S.F. Chronicle, July 15, 1980, the Treasurer of the Worldwide Church of God, Stanley R. Rader, responds to some of the injustices directed toward his church:

"You have assaulted and seized, pillaged and raped the Worldwide Church of God, thrown it into receivership, rifled and confiscated its innermost records and inflicted millions of dollars of damage upon the Church and its program.

"Isn't it true that your charges are false, that when put to your proof of 'massive liquidation' and destruction of records, for example, you came up empty-handed before a court of your own choosing?

"Isn't it true, and hence your charges are false, that seven weeks of probing by the receiver's agents including a national firm of certified public accountants showed that the Church's computerized accounting system was one of the finest in the nation and revealed no evidence of embezzlement, misappropriation or pilfering as you falsely charged?"

This is only part of the lengthy statement made by the Church. What is really going on with the government? Mr. Rader gives his answer to that question:

"Isn't it true that your real purpose, as you have officially proclaimed in your civil complaint, is that you wish:

1. To establish supervisory control over all churches and to establish that all church property is State property?

2. To decide what is and what is not a reasonable expenditure of Church funds; to de-

cide what is and what is not permissible Church or religious purpose or religious activity?

3. To decide how churches may be permitted to spread their faith; and how far their representatives may journey to spread the Gospel, in what style and whom they may see.

We urge you once again to take your hand from the throat of our church and cease slandering the Church and its members while misleading the public."

It is really amazing to begin to be aware of the amount of harrassment carried out by the government and the medical establishment toward people pursuing their own levels of spirituality.

These harrassments can be felt by all of us whether we are involved in being healed or healing others, or simply involved in our own pursuit of happiness or our pursuit of our spiritual abilities as a member of a church.

I was discussing this story with Christy Carrico and she told me another amazing story of how her rights are being denied:

"I walked into a health food store the other day to pick up a type of herbal treatment sold over the counter. The mixture, distributed by a popular national vitamin company, had a code on the front for identification. It also had a list of ingredients, but nothing else. The lady behind the counter looked at a book to see what the mixture was for. I asked to look at her book. She got a bit flustered and told me that it is "illegal to show it to customers." It's called prescribing and it's against the law she told me. Isn't the law denying my right to know and heal my own body?"

This is not an uncommon occurrence. This column will further look into such incidences and denials of individual rights. How IS a healer protected? What is the structure of the AMA? What are some of the AMA's legal traps and tricks to watch out for? How to heal and stay within the law. These and more will be explored in future issues of *Psychic Life Magazine.*

I encourage your response. Have you been harrassed or arrested or cited for being a healer? I would like to print your story. Write to me, Rev. Michael J Tamura, *Psychic Life Magazine.*

(Note: As this story was going to press, a representative of the Public Affairs Research Group called me to get information for a study to determine whether or not present licensing laws restrict public access to alternative medicine. The caller, a student at UC Davis, spent an hour on the phone trying to convince me that her study would only benefit the spiritual healers in California. It turns out that the Research group is funded by the Board of Medical Quality Assurance, Henry J. Kaiser Family Foundation, Adolph Foundation, and the California Council for Humanities in Public Policy. They want to "catalog healers in the Sacramento area in an 18-month search." Although my name and address would be taken it "wouldn't go beyond my own files," she kindly assured. Some of the questions asked were: How many people come to your organization for healings? What type of person comes for a healing? What credentials do you have to perform your healing work? How many healers are in you organization? I was also told that the likely result of the study would be licensing of all healers--"so that we would be protected under the law." I informed her that the First Amendment to the U.S. Constitution was my protection. And no, she didn't get any information for her study...editor) ✩

Cure Your Headache

Continued from page 9

reasons why they have it so they won't do it again. This is one reason why the energy can't move and the pain stays. Stop analyzing and analyzing and analyzing.

There are some amusing things to say about a sometimes unamusing sensation. Part of the permission to analyze your headache comes from T.V. You can turn on a T.V. and they'll tell you how to hurt today.

They tell you exactly what your hurt is supposed to feel like. Remember those diagrams where the person has lightening bolts coming out of their head? There is pain that starts between your eyes and emanates out the eyeballs. There's pain that starts at the base of your skull and puts your whole head into a vice-grip with the pain emanating out your teeth. There are the tiny ones - but watch out! If you don't worry about them, they are liable to grow into BIG ONES. So here is your permission to worry. After you've got the pain the T.V. will tell you what pill to buy to get rid of it.

Here are six simple steps for curing your own headache yourself:

1. RELAX and be still.
2. SIT in a quiet space.
3. STOP self-trashing and self-analyzing and START self giving.
4. LOVE yourself.
5. GROUND - put a cord of your energy down in the earth from the base of the spine.
6. ALLOW the pain to flow out your grounding cord. ✩

Children are Psychic

by SUSAN HULL BOSTWICK

Meditation and children has a strange ring to it.

There are ashrams in California that devote considerable amounts of time teaching children the disciplines that their parents follow.

At a publicized psychic healing event at Santa Rosa's Veteran's Memorial children were in the hallway cross-legged impromptu teaching each other meditation skills. Their parents were participants inside.

At a tiny playgroup in Sonoma County 2½-6 year-olds sit daily in a meditation circle and learn how to communicate, how to heal and how to be centered.

Children in Tibetan, Yoga, and Zen groups around the Bay Area sit with the Master and are taught to be still. They are given the same basic lessons that older members of the community are given.

On the surface it appears to be a harsh discipline.

Yet, many children might just be longing for a form of discipline that lays down hard rules—a dichotomy to a permissive society.

After 10 years of meditating with children, I have discovered that normal children will do whatever an adult is doing if the adult is:

(1) relaxed in his own space
(2) enjoying himself
(3) not laying any guilt trips or <u>any</u> trip on the child.

I started meditating with children at Dudley Stone Public School in San Francisco (you called them Concentration Exercises then) when I was interested in sitting Za Zen and had started doing some sitting myself. The kids, first graders, would sit atop their desks, legs crossed, eyes closed and just sit. I discovered the ability to get my whole class of 25 to do this if I did it with them each morning before our usual "circle." I would sit on my desk and close my eyes and maintain total silence. They were so surprised the first time I did it that they followed me. That began our first ritual.

Later I was into Tai Chi and also taught it to my older students as a morning meditation. Again my total involvement in doing it for myself plus silence was the real teacher.

Sara McClish Age 3 Sits In Her Own Space

Children will also meditate at home if their parents meditate.

It's a little like praying in a church. Church is set up for praying and there are all kinds of consequences for not praying or maintaining silence. There are also a lot of adults in agreement with a pretty strong code of behavior that works. Do you have to set up a home chapel to meditate? How do you start on this path of meditating with your child? Here are some suggestions for beginning:

* Pick a comfortable spot.
* Define your own meditation.
* Meditate in front of your child - non-resist his energy.
* If the child bothers you offer total silence then tell him you are meditating and don't want to be bothered.
* Casually invite the child to join you—no demands.
* Decide on the consequences of the child bothering you and stick to it.

There are all kinds of things that can happen when you start to meditate in front of your children. They may not like the fact that you are doing something private in front of them and not including them.

It takes time for any child to become accustomed to a new routine. At any age, it is the adult present that teaches the child. Doing it is the teacher. And a child will follow if the meditator is aware of what he is doing, is consistent, and is enjoying the process.

What age can a child be taught to meditate? I have done it with 2 year-olds and 12 year-olds in school classrooms. If you are interested in starting some meditative process and you are around children, try sitting in a chair, close your eyes and talk to the God of your own heart. ☆

INTELLECTUAL CORNER

Filmmakers have always had a love of the occult and the supernatural as subject matter. Ghosts, Men from Mars and Satanic cults have been standard fare for numerous low-budget movies for more than 50 years. The best of the "horror flicks" have created stars and become classics. These films include the original Dracula with Bela Lagosi, Frankenstein with Boris Karloff, and The Hunchback of Notre Dame starring James Cagney.

Obviously, moviegoers love being scared out of their wits for an hour or two; after all, it's only a movie, such things aren't real! We are fond of these remarkable dark fantasies.

Two of the most famous examples from 1977 are Close Encounters of the Third Kind and Star Wars. Close Encounters dealt with communication with extraterrestrial by telepathy. Star Wars introduced "The Force," a psychic tune-in to all kinds of powers; telekinesis, telepathy, healing, clairaudience, etc. These movies proved that a bit of psychic information can be presented with humor, grace and simplicity.

Some other recent major films have included psychic or occult themes. Watership Down (1978) was about a warren of rabbits (all highly symbolic, mind you) who are saved from numerous disasters by one of their members who frequently goes into trance and receives precognitive visions and telepathic communications. The Last Wave (1979) is about the belief of Australian Aborigines that dreams create physical realities. The Shout (1979) concerns a mental patient with the ability to produce a vocal sound which can transmute matter.

In the more classical scary style, Carrie (1976) was a well done thriller about a young girl's telekinetic powers. The Amityville Horror (1979) told a supposedly true story of a haunted house. Picnic at Hanging Rock (1979) suggested unseen supernatural forces, who mysteriously affect a group of Australian schoolgirls. And there have even been a few recent remakes of the real classics, like Frank Langella's Dracula (1979). Although some of these films were not particularly successful, they achieved a new sophistication in special effects and subject matter. The best ones were even a little inspirational!

In future issues, I will discuss some of the new "psychic movies" from a psychic's viewpoint. I'm not a film expert, and so I will not give critiques about camera work, editing and such technical details. But I am a psychic, and I love the movies.

There are also numerous documentaries and short subjects about psychics, healers, and psychic research. I will bring some of these films to your attention. Please write to *Psychic Life* if you know of distributors who carry films of interest to psychics, and we'll make the information available to our readers.

—Barbara Parkinson

The Anatomy Coloring Book
by Wynn Kapit and Lawrence M. Elson
Harper and Row, Publishers

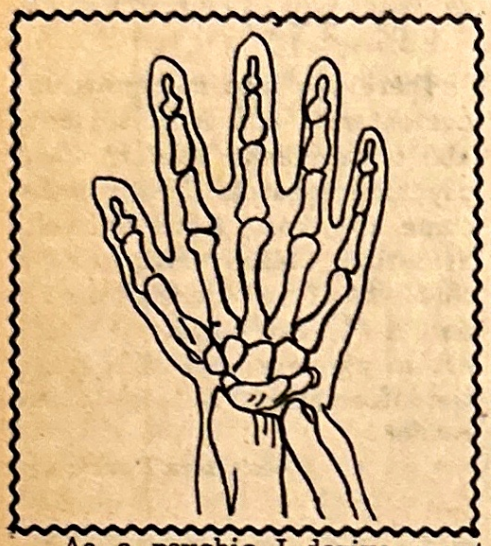
Most humans enjoy learning about their bodies. From smearing mud on our bellies as children making mud pies, to our different amorous adventures, to examining hair strands under a microscope.

I remember at times, being out of my body and looking down quizzically at myself, zeroing in on my hand, and with the astonishment of someone seeing their home from a plane, I felt—look at that! A real live hand, It flexes, it rotates, Wow!

The Anatomy Coloring Book goes a step further here - you get to look and say "Wow! Look at all those moving parts!" -and you also get to color them! And they look really impressive when you're done.

The body is presented in systems: skeletal, muscular, re-

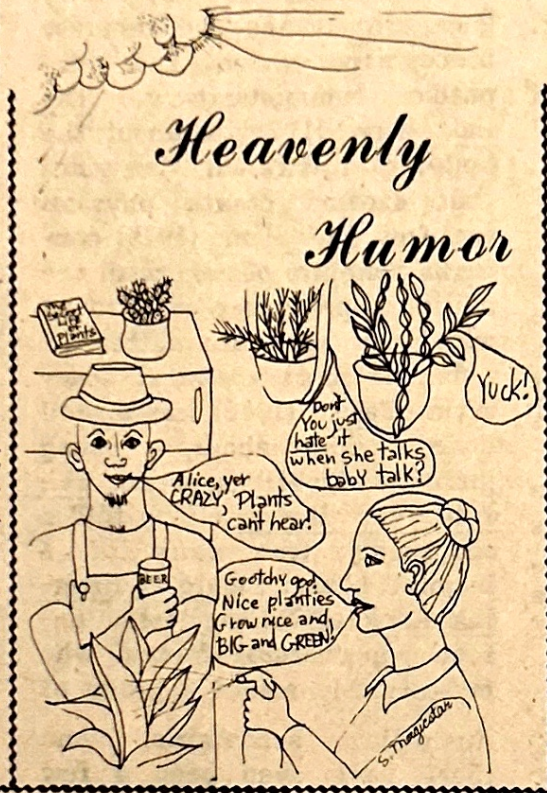
productive, etc. A very complex machine is presented in a detailed, yet clear and very understandable way. This book is used as a text in many nursing and other medical programs. In many other levels it is also valid; as a teaching aid in self-health groups, for personal information, and as a tool for owning your own space if you are dealing with the medical profession.



As a psychic I derive great enjoyment from this coloring book. I look physically at pictures in the book of the body and then look at that aspect of my own body on an energy level. I read about and colored my reproductive organs, then performed a sort of self-exam. Then I looked at myself on an energy level. I like going into an altered state of consciousness, a trance, and seeing the information coming alive. My body became a coloring book of its own.

There are many more creative uses of this childish idea of a coloring book. I recommend becoming a child and using this book to play. Treat yourself to 40 different felt-tip markers. Allow yourself total abandon. Repeat words such as Phalanges. Tibia. Duodenum. This information is for everyone. ☆

—Christy E. Carrico



GLOSSARY

Being: the immortal spiritual self.

Chakra: a sanskrit word meaning "wheel" - symbolizing a vortex of energy in the body. There are seven major chakras.

Clairvoyant: someone who sees light rays, energy, auras, symbols.

Grounding: connection to the planet.

Present time: the here and now, not past time, or future time.

Psychic: soul essence. Someone who is sensitive to energy.

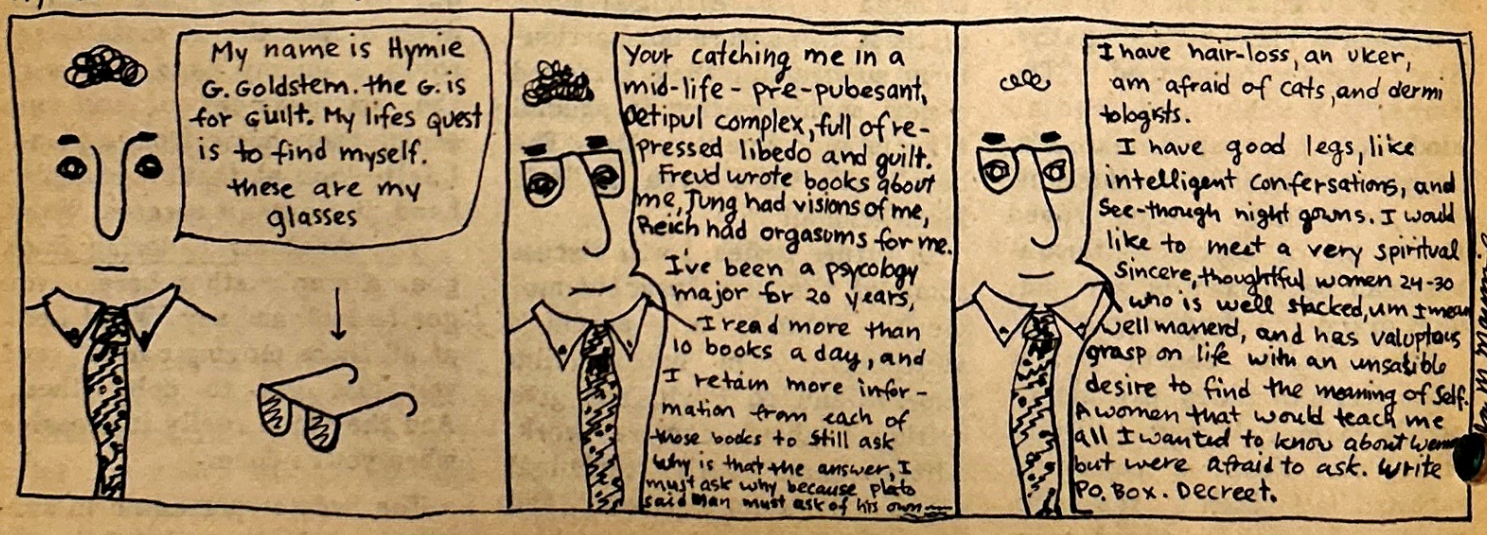
Running Energy: a process of channeling cosmic and earth forces through the human being to create a state of meditation. A regrouping of the body-being energy that creates more life force.

Spirit: that part of the body that travels on—the being. It has no time, no space, no distance and reincarnates in a new body each lifetime.

Supreme Being: God. Creator.

Trance: altered state of consciousness. ☆

Hymie G. Goldstem (the mystic adventures, of)



HOW TO PRAY

by REV. KAREN TAMURA

Our Father which art in heaven, hallowed be Thy name
Thy kingdom come, Thy will be done in earth as it is in heaven
Give us this day our daily bread
And forgive us our debts, as we forgive our debtors
And lead us not into temptation but deliver us from evil
For Thine is the kingdom, the power and the glory forever.
Amen.

This is the only prayer Jesus taught His disciples. Congratulations for having read this far! There is a tremendous amount of energy in this prayer. Can you stand to read it again? You may have trouble because you are sensitive to the energy many religions have put around this prayer for 2,000 years. It's almost impossible for most people to read it and not bring back all those memories from Catholic, Methodist and other churches where the prayer was spoken silently and/or in unison.

What were you really taught by this prayer? When we learn the words, we learn the energy. What is the energy in church that goes with this prayer? Sit still! Don't pinch your brother, say the words **right.** And the feeling of the words of the prayer itself? As a child I remember that what I really heard was something to the effect of - *Our Father Who Art in Heaven* - Oh, I'm supposed to give up my freedom to this powerful God, to the minister up front who talks with God, because he obviously doesn't squirm at the mere mention of God like I do, and obviously doesn't pinch his brother in Church. And then I'm supposed to give up my freedom to my parents who only pinch me "for my own good." Right? The alternative, of course, is being bad in church, which can only lead to Hell or juvenile delinquency.

The Our Father is the only prayer Jesus taught His disciples. It is the way Jesus set up communication between you the being and the body and the God of your own heart. It also validates your own knowingness and certainty, and allows that part of you to awaken.

Our Father which art in heaven, hallowed be thy name - this opens that communication between you and the God of your own heart. The power of the word cleans out that channel between you and your God.

Many psychics have found that as they begin to become aware of energy, and begin to use their healing energy, this prayer is a wonderful way to validate themselves. Each line, as you read it, can validate a different aspect of yourself.

Thy kingdom come - The kingdom of heaven is found within; Jesus is always telling His disciples and the people He taught that if you want to know the kingdom of heaven, "man know thyself." What is Jesus saying? Perhaps He is saying you don't need to give your freedom to anyone, you have it all inside you; you can have your own space!

Thy will be done on earth as it is in heaven - what are the dreams you have in this body? Let them come true!

Give us this day our daily bread - on a no-effort level you can create for yourself everything you need for your body's

survival. Bread is energy. Give us back our energy.

And forgive us our debts, as we forgive our debtors - don't get stuck in judging for as you forgive others so shall you forgive yourself!

And lead us not into temptation but deliver us from evil - evil is a good word to laugh at. What is evil really but the times when you no longer have all your own truths, when somehow you lose your space?

For thine is the kingdom the power and the glory forever - have your own power and glory and humor, and you can use your own space to create whatever you want!

You can even squirm in church if you want. ✩

Expect Miracles

Virginia Schryver was sought out by *Psychic Life Magazine* because of a miracle she performed on herself and an ability to be gutsy. She stood up to her doctor at Marin General Hospital and said: "I am a psychic healer. I can heal myself."

And she did. Seven months after her illness bones regenerated and she has full use of her body.

Virginia was suffering from "invasive staphylococcus infection," or a pain in the neck. She discovered that two vertebrae "disappeared" when she was playing her violin one day late in 1979. As a healer, she was aware of clearing her body's energy channels so she could create music.

"I was working on healing my own creative energy" down the neck and through the arms. Suddenly a pain shot through her neck and paralyzed her. After seven weeks of trying to get rid of the pain through her usual self-healing channels, she went for a medical diagnosis.

They told her it was a "life or death" condition.

"I hadn't gone to a doctor earlier because I always give up seniority to them. You know: 'The doctor is always right.' But now I had my own information through my experience as a healer. I was sure that I would heal myself."

The MD's said that they couldn't account for two vertebrae in her neck. "They said that they 'appeared to missing.' The doctor thought that it was some kind of great mystery. They did x-rays. They did a bacterial test and it showed no bacteria, so they did a biopsy. A staph infection was discovered.

"This led to intravenous feeding of antibiotics through the hand every four hours for seven weeks. I was in isolation for about a week while my neck was draining. This means that I had no physical contact with others. They took the drain out and x-rayed me again. The doctors saw no healing at all. They had told me, 'If you don't arrest a staph infection - it will just destroy your body.'

"But I knew I was healing.

"I went to another doctor at Stanford, for a second opinion. He saw the healing taking place.

"I received more than 20 healings from different healers as I was in the hospital. Every day, as well, I healed myself. I ran healing energy through my body about 3½ hours a day. In a way, I ran energy through my body all the time. Conscientiously, I worked on healing myself with colors, especially lavendar, gold, orange, and a lot of certainly blue. It was also very valuable to have these other healers come and validate my ability to heal myself.

"I couldn't resist doing healing work with others in the hospital. I healed the nurses a lot. It stated on my medical record that I was a psychic healer, and once the nurses even asked my help with a patient who was becoming violent. I grounded him, and he quieted right down. The nurses were a little amazed!

"The doctors' reactions to my abilities as a healer were polite. They never communicated with me about my abilities to heal myself. What they told me was I had an 'amazing attitude.' They said that most of their patients got into a slump. And they said I was 'cheerful.'

What is a Miracle? Websters says: *1. an event or action that apparently contradicts known scientific laws and is hence thought to be due to supernatural causes, especially to an act of God. 2. a remarkable event or thing; marvel. 3. a wonderful example.*

"The doctors told me I was very fortunate that I am now well. The vertebrae have reappeared! I was aware that I kept the energy localized in my neck. The medical people were surprised that there were no other symptoms than in my neck.

"The way the doctors presented it, they didn't say that bones absolutely couldn't regenerate but, from the beginning, I had the feeling none of them thought it would heal.

"Presently, I feel healed. I have usage of my neck without pain. To my doctors I have sent a copy of Amy Wallace's Psychic Healing Book. I hope they appreciate Amy's 'cheerful' attitude also." ✡

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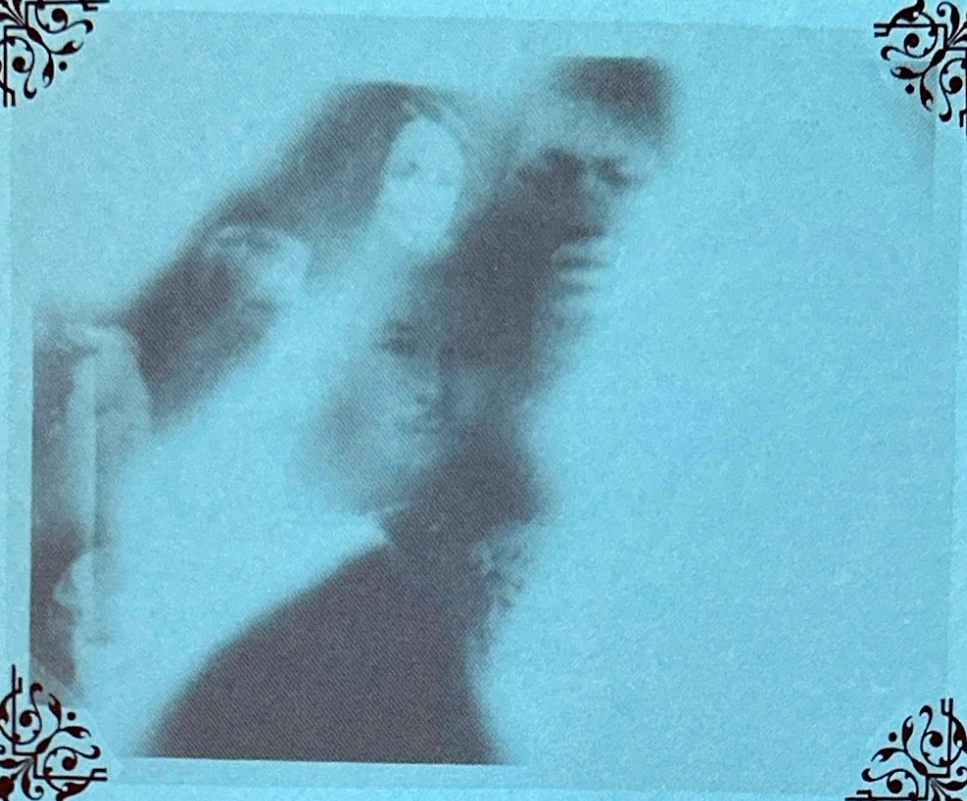

This spirit photo was not taken with a camera.

In a darkroom setting a piece of photographic paper was placed on the third chakra of a lady (who prefers annonymity). Then the paper was developed. This is the result.

We counted 11 beings in her third chakra. How many do you see?

Kay Rose of Berkeley donated this spirit photo. It is an enlargement.

Do you have any of your own spirit photos you would like to share with us? We would like to publish reader's photos as space permits. Along with your picture, please include any information about the circumstances of the picture, such as, what you saw as you took the picture. All photos will be returned, if mailed with a stamped, self-addressed envelope. Mail to: Psychic Life, 1591 Sebastopol Road, Santa Rosa, CA 95401.

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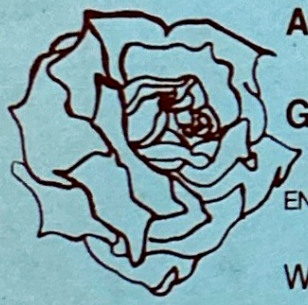

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